

## Companion Alternate Program (CAP) Activities

You may sign up for the following events when you arrive. We will arrange car pools.

### ***Monday, August 14, 2017***

*9:30 A.M. to 11:30 A.M. Tour of Abraham Baldwin Agricultural College (ABAC) – car pooling and ABAC van*

*11:30 to 12:15 Lunch at ABAC*

*12:15 P.M. to 3:00 P.M. Visiting Tifton's downtown: museum, antique shops and clothing stores, places to have a snack.*

### ***Tuesday, August, 15, 2017***

*10:00 A.M. through 11:00 A.M. Carroll's Sausage and Country Store, Ashburn, GA., car pooling*

*11:15 A.M. through 12:30 P.M. farm walk and lunch at Calhoun Produce, Ashburn, GA*

*1:15 P.M. to 2:30 P.M. gentle relaxation and yoga exercises, UGA Conf. Center - **Yoga Cost \$5.00, Payable at Registration Desk on Sunday. Bring a Towel.***